

Help for Unhoused Individuals in Eugene

*Names in blue link to those websites

[Catholic Community Services](#)

On-site help with food, clothing, hygiene items, energy & housing assistance, getting identification, immigration legal services, counseling, and SNAP enrollment - Mon/Tues/Wed/Fri 8 am - 4 pm & Th 8 am - 3:30 pm: **541-345-3628** (1464 W. 6th Ave, Eugene - near LTD Bus Route: EmX between Polk and Chambers)

[City of Eugene](#)

Community Court (Connections for housing, medical, IDs - Fri. 11:30 am - 3 pm): Downtown Library (100 W. 10th, Eugene - across from LTD Bus Eugene Station)

Human Rights Office (Discrimination complaints): **541-682-5177** (99 W. 10th Ave., Eugene - near LTD Bus Eugene Station)

[The Dining Room](#) (Food for Lane County)

Free sack lunches - Mon-Th. 11:45 am - 2:45 pm: **541-343-2822** (270 W. 8th, Eugene - near LTD Bus Routes: 51, 52)

[Eugene Mission](#)

Low-barrier **Shelter** for the first 14 days to rest, shower, eat, stabilize, and receive help with other basic needs; with opportunity for continued shelter and services: **541-344-3251** (1542 W. 1st Ave, Eugene - near LTD Bus Routes: 40 and 52)

[Eugene Service Station](#) (St. Vincent de Paul)

Day Center for adults - providing food, clothing, laundry, showers, supplies, phone/computer/messages; help with job, housing, stabilizing, overnight shelter - 8:00 am - 5:00 pm daily: **541-461-8688** (450 Hwy 99 N, Eugene - near LTD Bus Routes: 40 and 41)

[First Place Family Center](#) (St. Vincent de Paul)

Day center for families with children, including connection to services, childcare, overnight shelter - 8:00 am to 5:00 pm daily: **541-342-7728** (1995 Amazon Parkway, Eugene - near LTD Bus Routes: 82, 92)

[Hope & Safety Alliance](#) (formerly Womenspace)

24/7 hotline for **domestic violence survivors**: **541-485-6513**

[Hourglass Crisis Center](#)

Mental health assessment and stabilization - 8am-12:30am daily: **541-505-8426** (71 Centennial Lp, A, Eugene - near LTD Bus Route: 13)

[ShelterCare](#)

Supportive housing and behavioral health services for homeless individuals and families, or on the verge: **541-686-1262** (499 W. 4th, Eugene - near LTD Bus Routes: 40, 51, 52)

[Station 7](#) (Looking Glass)

Emergency shelter, family reconciliation, and support for **runaway and homeless youth**, ages 11-17. 24-hour crisis hotline: **888-689-3111** (931 W. 7th, Eugene - near LTD Bus Route: EmX 7th/Monroe)

[White Bird Clinic](#) (and CAHOOTS)

**** 24/7 Crisis Services Hotline: 541-687-4000 ****

General Assistance (clothing, water and snacks, mail and messages, bathrooms - 7 days/week from 9:30 am to 4:30 pm): **541-342-4357** (341 E. 12th, Eugene - near LTD Bus Routes: 28, 81, 98, EmX)

Medical Assistance: 541-484-4800 (remodeling medical clinic - call for location and appointment)

Vaccine Clinic & Dental Assistance: 541-343-3494 (1415 Pearl Street, Eugene - near LTD Bus Routes: 82, 92)

[Willamette Family](#)

Rapid Access Center (health & recovery services): **541-762-4300** (195 W. 12th, Eugene - near LTD Bus Eugene Station)

Buckley House (24/7 medical detox/sobering): **541-762-4575** (605 W. 4th Ave., Eugene; Bus Route: 51)

Need other help? Call 211 or visit 211info.org